



# NEW FACE OF BONDI BEACH BEAUTY

Step inside the latest Sydney spa offering integrated beauty and wellness in an iconic location.

Since its inception in 2011, Face Plus Medispa has garnered a reputation for innovative aesthetic excellence, offering a haven of luxury integrated wellness in its tower in Bondi Junction and indulgent retreat in Bankstown. Its founder, leading cosmetic surgeon Dr William Mooney, is acclaimed for his multidisciplinary approach to beauty and wellbeing, with fans among celebrities both at home and abroad.

The newest member of Face Plus brings the services of his world-class team to the sands of Bondi Beach, just steps from Sydney's most iconic surf scenes. The elegant location, inside the Pacific Pavilion, is Bondi Beach's first integrated beauty destination and is set to redefine cutting-edge rejuvenation and healing. Luxurious surrounds add to the feeling of exclusivity.

Everything needed for a complete overhaul – from cosmeceutical treatments and laser technology to Reiki, hot stone massage and makeup artistry – is found under the one roof. As well as accredited registered nurses, Dr Mooney himself will be available for consultation and advice.

For the first time, a naturopath will be joining the suite of skincare and wellbeing experts. Grace Barnes will offer her skills in promoting long-term health through dietary and movement advice at both the Bondi Beach and Bondi Junction medispa, offering a holistic complement to the high-tech treatments.

The signature 3.5-hour Bondi fusion package is an ideal way to sample its powers of rejuvenation, combining a cocoon wrap and massage with a skin rejuvenation facial and endorphin-enhancing light therapy. For a short-term energy boost, the 'Drip and Chill Lounge' allows clients to consult with the onsite doctor to tailor a dose of intravenous or intramuscular shot of vitamins and antioxidants.

At its launch in April, *Signature* was invited to walk through the new Face Plus Medispa and experience its brand of high-end contemporary relaxation. Adorned with photographs that celebrate the sun and surf of Bondi, the chic and deceptively expansive space is sure to become Sydney's most exclusive wellness destination. ♦

[www.faceplus.com.au](http://www.faceplus.com.au)

## A NATURAL GLOW WITH DR SPILLER

Despite all the advances in skincare technology and the dizzying choices of products on offer, Australians are more concerned than ever about premature ageing. Skin dehydration, pigmentation and sensitivity in all age groups are on the rise, so where are we all going wrong? Dr Spiller and Sue Dann may have the answer.

As I walk into the harbour-view reception at the Face Plus Medispa in Bondi Junction, I instantly unwind and sink into the couch with herbal tea in hand. I have come here to meet with Dr Spiller and my beauty therapist for the day, Sue Dann, also known as the 'skincare wiz'.

Before the steaming, cleansing, peeling and massaging begin, Sue sits me down to discuss my skin routine and, after 35 years as a qualified beauty therapist for Australia's best-known celebrities, nothing gets past her.

I confess to using water-based products without considering the fact that our skin is waterproof. "It's a simple fact: water-based lotions cannot penetrate your waterproof skin", Sue explains. This is why so many of us end up with a dehydrated complexion. What we actually need are water-in-oil emulsions that are able to rehydrate our skin, without feeling heavy and leaving a noticeable sheen.

Dr Spiller Biomimetic takes a different approach, by supporting the skin's natural function instead of constantly interrupting it. By keeping faithful to my prescribed Dr Spiller products, I have found I'm gradually getting my glow back.

Words by Elle Matula

